

What brings you here today?

What issues are you facing?



KEEP YOUR **KIDS**  
**SAFE** Online





Latest News

Parents attend  
amazing E Safety  
session

# Online safety for parents and carers

I ♥  
YouTube

# Growing up online



**TEXTING**

*It is better than talking to the person right next to you. Seriously.*

# Home

vs

# School



# Mobile Technology



# CHILDWISE January 2016

## Time spent online 'overtakes TV' among youngsters

More than 2000 children aged 5-16 in schools across the UK complete the survey, on topics including their favourite apps and what they watch on YouTube.

The average time spent online is now 3 hours per day, compared with 2.1 hours watching television.

67% of young children own a tablet.

Children go online to watch videos, listen to music, play games and research their homework - and older children use it for social networking, particularly among girls.

YouTube is the dominant destination which is used every day by almost half of all five to 16-year-olds, to watch video clips, listen to music and use games-related material.

They particularly want to see "funny" content on YouTube, but about a third watch "how-to" videos, including how to play computer games.

# CHILDWISE January 2016

Young people online

**3 hours**

amount of time 7-16-year-olds  
spend online each day

**4.8 hours**

time 15-16-year-olds spend online

---

**2.1 hours** spent watching TV  
each day - down from 3 hours in  
2000

**60%** watch TV via a phone, tablet  
or laptop

**38%** do most of their TV viewing  
on demand

Source: Childwise Monitor report 2016



# Games, Apps and Websites



X-Box



Face Time



Minecraft



Facebook



Clash of Clans



Twitter



Temple Run



FIFA 16



Skype



Snap Chat



Instagram



Dumb Ways to Die



YouTube



Play Station



Oovoo



WhatsApp



Boom Beach

# YouTube and Instagram

The image shows a YouTube search results page for the keyword 'minecraft'. The search bar at the top contains the text 'minecraft'. The main video player displays a Minecraft scene with a character in a grey suit and a red arrow pointing towards a stone building. Below the video, the title reads 'Minecraft High School | SCIENCE CLASS DISASTER!! | Custom Mod Adventure'. To the right of the video, there is a list of 'Up next' videos, including 'Minecraft Xbox - Building Time - Island Paradise (1)', 'Minecraft | THE ADVENTURES OF AUSTIN!! | Custom Map', 'Minecraft | TOBY GETS RICH!! | Diamond Dimensions Modded Survival #242', 'Minecraft | HOUSE WITH A HOT TUB!! | Diamond Dimensions Modded Survival #241', 'Minecraft | THE PUG RANCH!! | Custom Mod Adventure', 'Minecraft: CHANCE CUBES! (THE NEW LUCKY BLOCK?!) Mod Showcase', and 'Minecraft School : JURASSIC WORLD'.

The image shows an Instagram post by user 'chrisconolly'. The post features a photograph of a sunlit forest path. The post has 16,258 likes and several comments, including 'joyvincent Gorgeous!' and 'tylerkiefert So fresh'. The Instagram interface elements like the home, search, post, activity, and profile icons are visible at the bottom.

The image shows the Instagram profile page for 'JOHNAPPLESEED'. The profile picture is a man in a blue shirt. The statistics show 24 posts, 241 followers, and 61 following. Below the profile information, there is a grid of various photos, including a dog, a building, and a sunset. The bottom navigation bar is visible.





Im only 10 nearly 11 and you inspire me so much

Just say



Your the best, keep doing videos and your pretty



Zoella you are an amazing person i am nairly 11 years old and i watch your videos everyday all day

I Love you so much Zoe your my idol and I'm not kidding

**Zoe Sugg aka Zoella. You tube Vlogger**

**10,194,157 subscribers**

**688,556,268 views**

**Lives in £1m house in Brighton**



Daniel Middleton aka DanTDM



9,696,082 subscribers

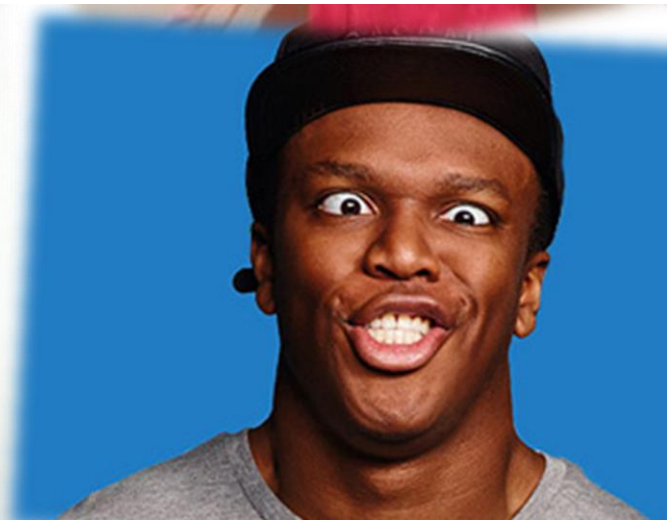
6,020,322,499 views

70,000,000 views per week !!





**OVER 100 MILLION  
SUBSCRIBERS BETWEEN THEM**



How is social media affecting our children?

**It's all about the 'likes'**

**VIDEO SHOWN HERE**

**VIDEO SHOWN HERE**

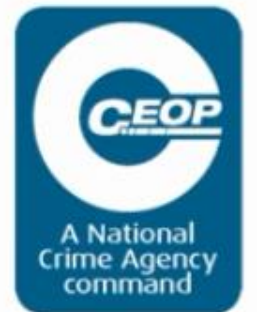


Younger children online:  
How are families responding?

Professor Sonia Livingstone  
September 2015



UK COUNCIL FOR CHILD INTERNET SAFETY



# Findings

- Children are good at using technology
- Children are bad at evaluating
- Children are very limited in the Apps/games they use
- Children rarely use educational Apps
- Parents often allow children to use technology unsupervised

# Risks children face....

Cyberbullying



Grooming and  
Phishing



Inappropriate  
websites



# Cyberbullying (and cyber-meanness)

What is Cyberbullying?

How and where can you be Cyberbullied?

**STOP**  
**cyberbullying**



# Cyberbullying - TOP TIPS

- Don't be afraid to ask questions
- Offer reassurance and support
- Keep the evidence
- Block the bullies
- Know where to go to report and for support

# Grooming

- What is online grooming?
- What does an online friend mean to your child?
- Is it the same for you?



# Grooming via gaming

Does your child play online games?

Do they know who they're playing against?

Do *you* know who they're playing against?



# Phishing and Blackmail

Phishing is the attempt to acquire sensitive information such as usernames, passwords, and money, by pretending to be trustworthy.

Fraudsters target your computer. They accuse you of committing a crime and try to extort money from you.



# Grooming, phishing, blackmail - TOP TIPS

- Talk to your child about their online friends
- Talk to them about online grooming / phishing
- Let your child know that you are always there for support and you understand how easy it is for things to get out of control online
- Learn how to report any inappropriate contact made to your child online

# Inappropriate Content

Not age appropriate:

- Adult content
- Violence
- Racial Hatred
- Promoting eating disorders
- Gambling
- Suitable games



What does the word  
'inappropriate'  
mean in your house?

# Gaming



Descriptors shown on the back of the packaging indicate the main reasons why a game has received a particular age rating.

There are eight such descriptors: violence, bad language, fear, drugs, sexual, discrimination, gambling and online gameplay with other people.



Game contains depictions of, or materials which might encourage, discrimination

Game may be frightening or scary for young children

Games depicts nudity and/or sexual behaviour or sexual references

Online Game

Game contains bad language

Game refers to or contains references to drugs

Games that encourage or teach gambling

Game contains depictions of violence

# Apps



Google play



App Store

Does your child use a tablet or phone?

Are all the apps age appropriate?

Have you checked their PEGI rating?



# Parental Controls

It is possible to set controls on:

- Tablets
- Mobile phones
- Games Consoles
- Computers
- Laptops
- Smart TVs
- Routers

Set on *all* devices that link to the internet

Remember...

Blocking and filtering are not 100% accurate and not a substitute for open communication!

# Parental Controls - TIPS

## Set rules for use

- Limit time
- Choose where are they use the technology?
- Ban inappropriate games/YouTube channels

## Control and Monitor

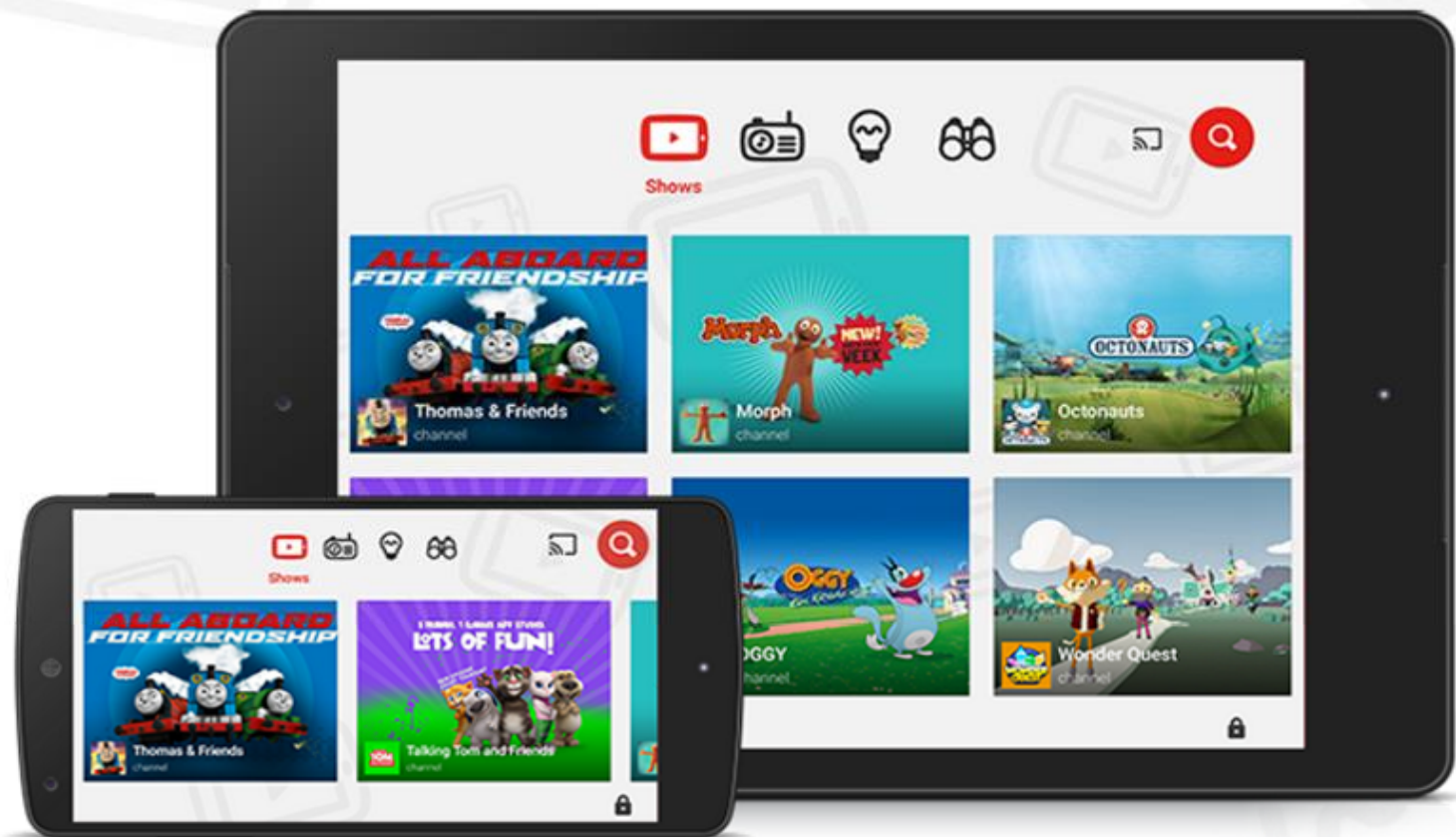
- Block games/sites/channels not age appropriate
- What are they playing/watching?
- Who are they playing with?

# YouTube KIDS

Dive into a world of discovery, learning and fun

YouTube Kids gives your family an easy way to watch their favourite programmes or explore anything that captures their imagination. It's free, simple to use and full of family-friendly videos.

YouTube Kids. Made for curious little minds.



[? YouTube Kids Parental Guide](#)

For more information about YouTube Kids, including how to set up parental controls, please take a look at our [Parent Guide](#).

# Parental Control Apps - Android



Kids Place - Parental Control  
kiddoware

★★★★★



Screen Time Parental Control  
Screen Time Labs

★★★★★



SecureTeen Parental Control  
Infowise

★★★★★



Norton Family parental control  
NortonMobile

★★★★★



Parental Control Parental Control

★★★★★



ShieldMyTeen Parental Control

ShieldMyTeen Parental Control  
Pribno

★★★★★



Kids Zone Parental Control  
Out of the Park Apps

★★★★★



YouTube Kids  
Google Inc.

★★★★★



Mobile Fence Parental Control  
Mobile Fence

★★★★★



NetSpark Parental Control  
NetSpark

★★★★★



ESET Parental Control  
ESET

★★★★★



Safe Browser Parental Control  
kiddoware

★★★★★

# Parental Control Apps - iOS



Mobicip Safe Browser With... Education

+ Get



SecureTeen Parental Control Utilities

+ Get



Browser for Kids Lite - Parental... Education

+ Get



Screen Time Parental Control Lifestyle

+ Get

In-App Purchases



Qustodio Parental Control for iPad... Utilities

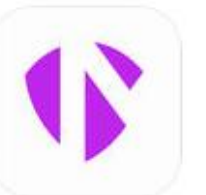
+ Get



WebProtectMe Safe Browser wit... Productivity

+ Get

In-App Purchases



Safe Browser for Education with... Education

Get

In-App Purchases



ParentKit - Parental Control... Utilities

+ Get

In-App Purchases



curbi Parental Controls Utilities

+ Get

In-App Purchases



Safe Family locator with... Lifestyle

+ Get



Familoop Safeguard -... Utilities

+ Get



Ranger Browser - Safe Internet Fil... Utilities

Get



F-Secure SAFE Utilities

+ Get

In-App Purchases



K9 Web Protection... Utilities

+ Get

In-App Purchases



Parentsaround - Parental Control Utilities

+ Get

In-App Purchases



Moment - Track how much you... Health & Fitness

+ Get

In-App Purchases



Kidslox - Parental Controls: Limit... Lifestyle

+ £4.99



Browser for Kids - Parental control... Education

+ £0.79



Family Protector Admin - Parent... Utilities

+ Get



Safe Browsing for iPad with Parent... Utilities

Get



Kids Safe Browser With Parental... Utilities

+ Get



ScreenTimer - Parental Control... Productivity

+ £2.29



NETGEAR Genie HD for iPad Utilities

Get



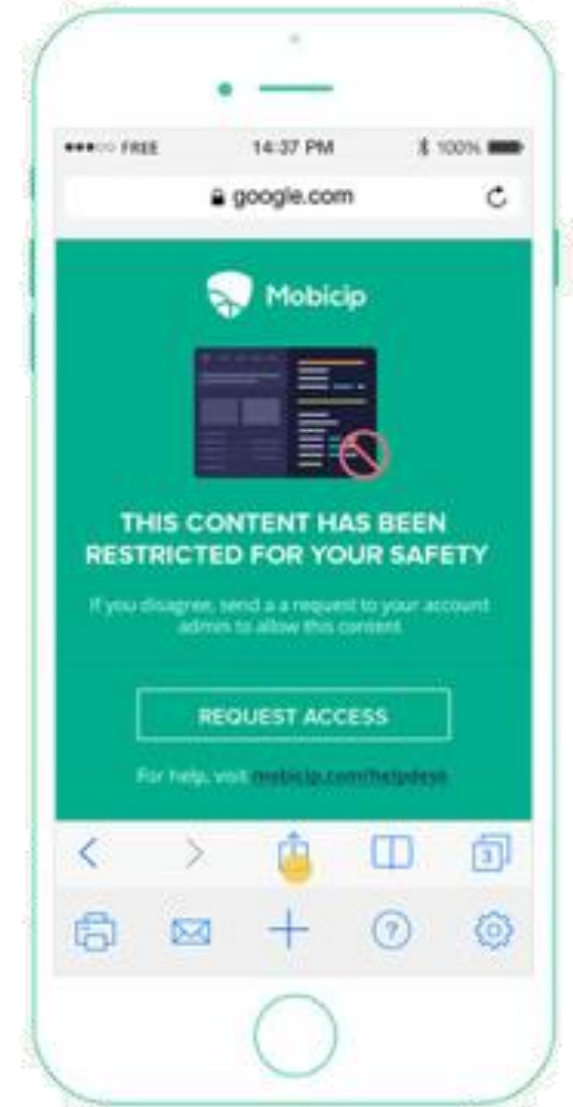
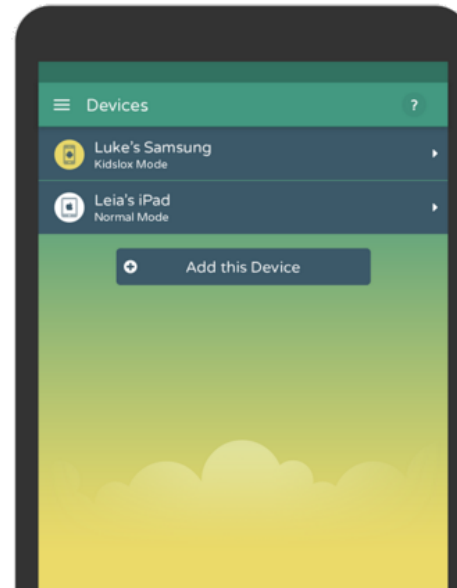
MMGuardian Parental Control Utilities

+ Get

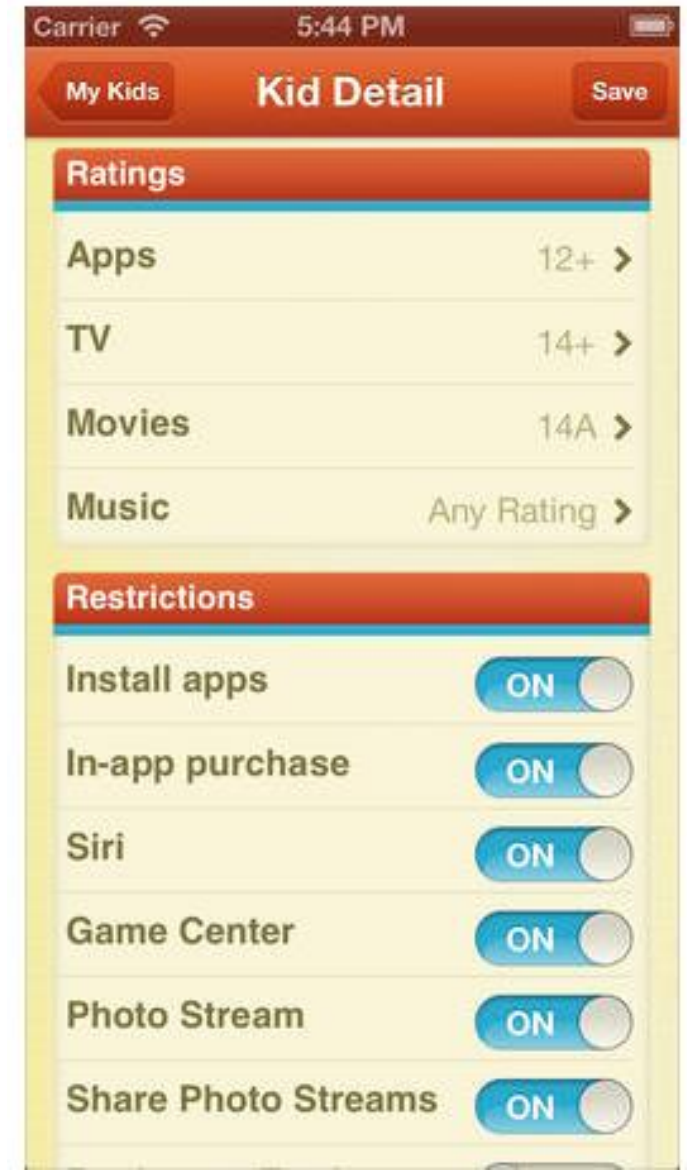
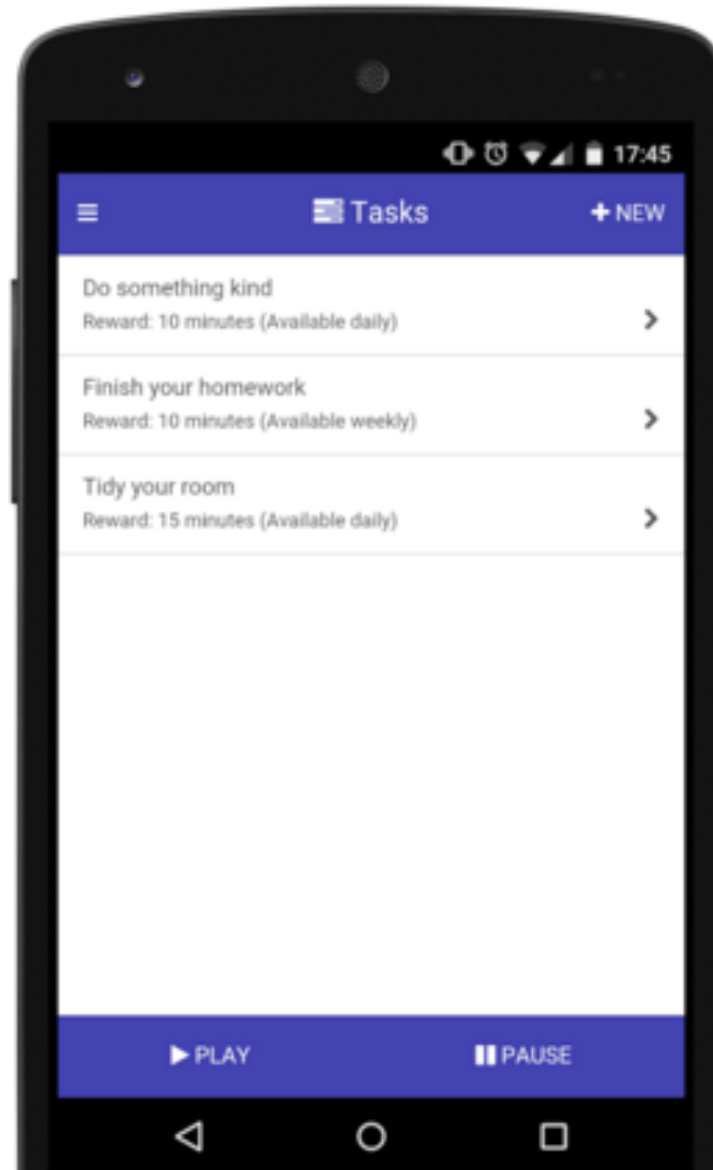
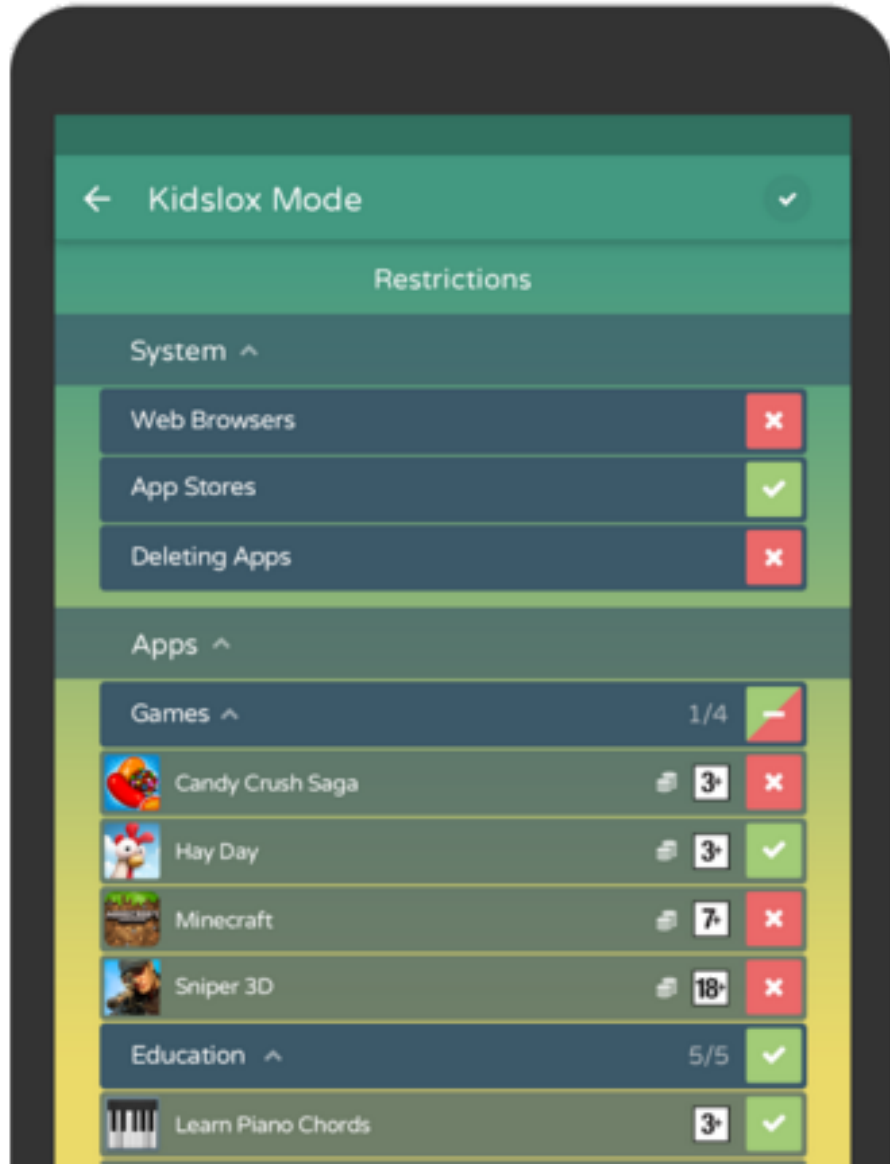
# Parental Control Apps

## What can they do?

- Limit Contact Lists and Text Message Filtering
- Block Features and Media
- Set Time Restrictions
- App Blocking and Disabling
- Access Parental Controls Anywhere
- Internet Protection
- Read texts
- Review photos
- View call logs



# Parental Control Apps



# Recommended Parental Control Apps/Software



## Screen Time

Set time limits from your phone or any browser. Set bedtime and school time restrictions for specific apps. Pause your child's device or give Bonus time. Create fun check lists of things you would like children to do or learn and motivate them with rewards. Plus more.

Basic Version - free

Premium subscription - £2.99 per month

Android, iOS, Amazon

<https://screentimelabs.com/>



## Kidslox

Block inappropriate apps from the device when your child is using it. Set schedules to automatically block or unblock your child's device at the required time. Easily lock your child's device remotely. See how your child is using their device. Only allow access to the apps and phone functions you want.

Amazon, iOS - £4.99

Android - free

Android, iOS, Amazon

<https://kidslox.com/#home-app-screen>



## Our Pact

Set limits on how much time your children are spending on their mobile devices. Create schedules, block all Internet and app use at a moment's notice or reward them with the allowance feature. Balance the risks and rewards of iOS and Android technology for your family.

free

iOS, (Android coming soon)

<http://ourpact.com/>



## Mobicip

Create a safe experience for your family on all types of devices and computers. Enable age-appropriate settings and time limits. Monitor Internet use and app installs. Stay in touch via web, email and app notifications. Enable healthy conversation.

Basic version - free

Premium version - \$39.99 per year

multi platform

<http://www.mobicip.com/>

# Social Media & Internet

# Age Restrictions

**13**

Twitter, Facebook. Instagram, Pinterest.  
Google+, Tumblr, Reddit, Snapchat,  
Secret, Pandora, iTunes, Spotify, Skype,  
Myspace, Minecraft

**14**

LinkedIn

**16**

Whats App

**17**

Tinder, YikYak,  
Vine

**18 (Or, need adult permission)**

Youtube, WeChat, Kik, Keek, Foursquare, Flickr  
Path, Xbox Live (child account until 18),  
Playstation Network (sub account until 17)

More than **three-quarters of children aged 10 to 12** in the UK have **social media accounts**, even though they are below the age limit, a survey\* for CBBC Newsround suggests.

Among under-13s, **78%** were using at least one social media network, despite being below the age requirement.

Instagram was used by 41% of 10 to 12 year olds and the company said "keeping the community safe" online was its "number one priority. **We require anyone on Instagram to be over the age of 13**, and if anyone suspects accounts are run by under-13s, **they should report them**".

\* Comres survey for Newsround, based on 1,200 young people aged between 10 and 18

# Summary

- Make sure your child is happy to talk to you
- Set rules for their online use
- Set parental controls, (where possible)
- Know what they are doing
- Speak to them about their online presence
- Know how to report

