

Information for parents and carers: School readiness

Depending on the family needs in your setting you can select information from the below list to share in newsletters, emails, display boards and social media.

What does it mean to be “school ready”?

School readiness is not about children being able to comply with rules, sit still and line up, or about them starting formal education too early. Being school ready just means children having **solid foundations** on which to build the skills and abilities they will learn as they go to school.

Video: [Helping your child be school ready](#)

To become school ready, children need parents, carers, families, and early years settings that support them to:

- Develop social skills such as cooperation and acceptance of difference
- Feel secure and cope emotionally with being separated from their parents
- Be independent and care for themselves (e.g., dress themselves, put their coat on, feed themselves, brush their teeth with supervision)
- Have a curiosity about the world and a desire to learn

Adapted from [Being school-ready | PACEY](#) and [School Readiness - KELSI](#)

Local information

[Ready, Steady, School](#) leaflet from Hampshire County Council (this is available in [multiple languages](#) on Moodle)

Register your child for school via the [Application Page](#)

[School Catchment Area Finder](#) tool

Guides on how to create a positive [Home Learning Environment](#) for preschool children

[Starting school](#) information and guidance.

[Hampshire Healthy Families](#) is run by the Public Health Nursing team and Barnardo's. There is lots to explore on the website, including pages on [School Readiness for parents](#) and [Preparing for School](#)

Got a worry? [ChatHealth](#) 0-5 is a text messaging service set up to support parents, carers and families of under 5s in Hampshire. Text the dedicated number [07520 615720](#)



Healthier Together [Ready for school](#) information

Child feeling unwell? Check out the handy webpage [Should my child go to school or nursery today?](#)



[My Journey Hampshire](#) active travel to school tips for parents and carers

All children in Key Stage One are entitled to a free school meal, registration is not required. Find out more [here](#). However, if your family meet the [standard Free School Meal criteria](#) you are encouraged to register so that your child's school can access Pupil Premium funding to provide additional support.

Hampshire County Council is unable to provide support to buy a school uniform. Parents/carers will need to contact the school directly to see if they are able to help.

Resources

[What to expect, when?](#) – this guide helps parents understand how their child is developing and learning, and how they can help

[Hungry Little Minds](#) is a resource full of ideas and activities for parents of 0–5-year-olds to help them learn and discover the world

[Tiny Happy People](#) is a resource for parents by BBC to help develop your child's communication

BookTrust [Bookstart for families](#) and their [Best Books for 0-5 years](#)

[Hampshire Libraries](#) run story time sessions and other events for children aged 0-4

Pacey article with lots of information for parents on [Being school-ready](#)

Pacey [School Ready poster](#)

CBeebies for grown-ups: [Let's talk about starting school](#)

Starting School with CBeebies: [video clips and activities](#) to get kids ready for school with their favourite CBeebies characters

ERIC [Thinking about wee and poo now you're on your way to school](#) - hints and tips for parents and carers whose children are starting school

[Pirate Pete](#) and [Princess Polly's Potty](#) video clips to help explain potty training by Toddler Fun Learning youtube channel

[Dressing Myself](#) hints and tips for parents in helping their child learn how to dress themselves.

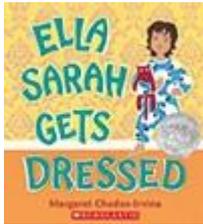
Stories to encourage dressing yourself:



Don't Put Your Pants on Your Head, Fred! by Carly Hart and Leigh Hodgkinson



Froggy Gets Dressed by Jonathan London and Frank Remkiewicz



Ella Sarah Gets Dressed by Margaret Chodos-Irvine